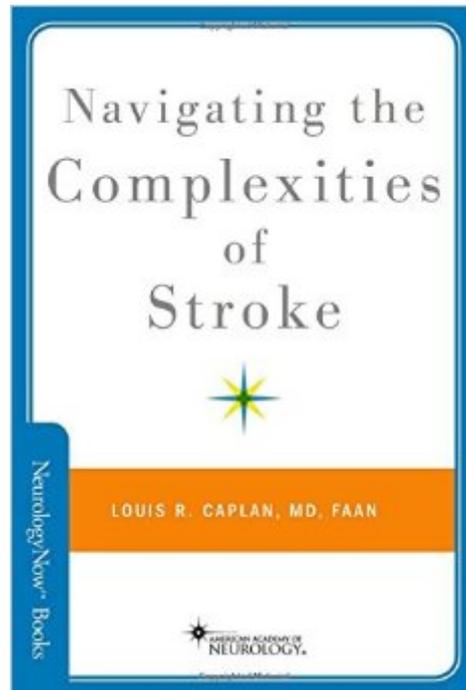


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# Navigating The Complexities Of Stroke (Neurology Now Books)



## Synopsis

Strokes afflict thousands of people every year. Yet, for every fatal case, many more victims survive, often going on to live long, productive lives. Of course, none of it is simple-not preventing a "brain attack," nor survival, rehabilitation, or living with cerebrovascular disease. The key is education, for both the moment of crisis and the long term. *Navigating the Complexities of Stroke* provides a practical guide for the lay public and medical professionals. Dr. Louis R. Caplan, one of the world's leading experts, guides readers through the subject in a straightforward and accessible manner. He examines the anatomy of the brain, explaining the specialized functions of different regions, and describes the flow of blood from the heart. He turns to the mechanics of the stroke itself, clearly discussing the complexities of the two major kinds-the ischemic and hemorrhagic-and the resulting damage. Most helpfully, Caplan offers information and advice that readers will find immediately useful: the medical conditions and other factors that create risk, stroke symptoms, abnormalities that doctors look for, tests available to evaluate strokes, complications and disabilities that can result, and the paths of treatment and rehabilitation. He offers real-life cases of victims and their families that demonstrate successful recovery, but also reveal the sometimes troubling impact of strokes on survivors and their families, who can suffer frustration and demoralization that the medical profession often overlooks in its biological focus. Caplan also examines strokes in children and young adults, who are often neglected in literature that is largely aimed at seniors. *Navigating the Complexities of Stroke* empowers victims, families, and general medical providers. It puts in readers' hands the knowledge necessary to avoid strokes, address them quickly, and effectively recover, so they won't lose heart when it is needed most.

## Book Information

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## Customer Reviews

When Mom had her stroke, the hospital staff was short on help, therefore, we as a family stood in total ignorance. We did not know what to expect medically or what had happen. The staff did not have the time to explain anything to the family. I went online and downloaded this book. I am so glad I did. The book is a easy read and gave great information. I would recommend this book to anyone who is in danger of a stroke, or to family members that have a love one that has suffered a stroke.

For anyone dealling with the consequences of stroke: stroke survivors, family members and friends of stroke survivors, medical professionals treating patients affected by stroke, this is a must read book. Dr. Caplan creates a good clinical explanation of what happens, and why, during the cerebral vascular accidents referred to as Stroke. Reading this book will definitely increase your knowledge and medical vocabulary, as it relates to the condition of Stroke. It's not a light read, but a must read.

The supplier of the book is excellent. Best supplier in my experience. Deserves five stars.The text is excellent; several very complex sections; not for the "easy reader." Best stroke information around. Readers need to be interested in or to have experienced stroke. Therefore "attender" would benefit from the read.

Some of it a little too medically technical, but still informative. I have learned more details about strokes and the types of strokes. I think Caplan has done a good job of explaining what really happens when a stroke occurs. I would not hesitate to recommend this to others wanting to know what has taken place in the brain.

This was the most instructive book about stroke that I've read -- and I've read everything I can find about stroke over the past few months. It helped me make sense of some of the things I've experienced.

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